



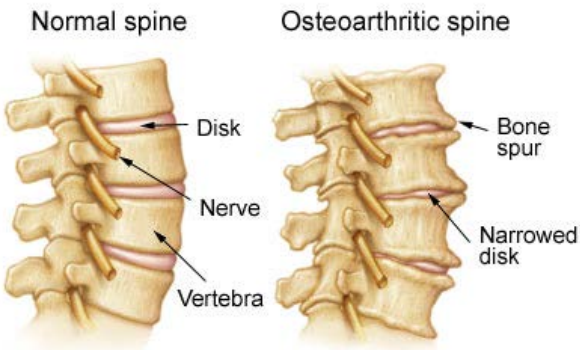
When and Why to Refer... Spinal Stenosis

CAPS PainCare aims to be a trusted member of your team. We're a JHACO accredited pain center where compassion is our hallmark and your patients receive the same reliable level of expertise they've come to expect from you.

Knowing when and why to refer can be challenging, and that's where we can help. Refer to CAPS for suspected spinal stenosis when you see ...

- **Poor response to prescription or non-prescription medication**
- **Chiropractic treatment or physical therapy have not yielded optimal results**
- **Persistent pain longer than 4 weeks, or daily**
- **Pain interfering with normal activities**
- **Weakness, loss of motion, or abnormal sensitivity**

Why CAPS? We begin with a full evaluation including behavioral and psychosocial dynamics. Then we tailor treatment to address the *underlying* causes of the pain - not just mask its symptoms. We offer a comprehensive range of noninvasive and minimally invasive options that make physical therapy more effective, get patients active again, delay and in some cases prevent spine surgery entirely.



At CAPS, you'll hear from me regarding any referrals within 24hrs of the visit.

Please visit www.CAPSPainCare.com or call my direct line to discuss referrals – **630-315-5491**. I look forward to hearing from you.

Tony Chami, MD, is a Board Certified Pain Management Specialist. He is a diplomate of the American Board of Pain Medicine, the American Board of Anesthesiology and the American Academy of Pain Management. He is an educator in his field, speaking to both lay and professional audiences locally and internationally.



All major insurance plans accepted; all patients accommodated in or out-of-network